

# Phalen's test



Maximal flexion in the wrist will cause paresthesias in the fingers of the hand on the same side. The phenomenon is usually positive in carpal tunnel syndrome.<sup>[1]</sup>

## Links

### Related articles

- Carpal tunnel syndrome

### Reference

1. ROVENSKÝ, Jozef. *Rheumatology explsnstory dictionary*. 1. edition. Grada, 2006. ISBN 8024716143.