

Musculus obliquus externus abdominis

Origin: on the eight lower ribs.

Insertion:

- labium externum cristae iliacae;
- linea alba (via Rectus sheath of musculus rectus abdominis).

Innervation:

- nervi intercostales (5.–11.);
- nervus subcostalis.

Function:

- bends spine;
- changes the tilt of the pelvis;
- participates in the abdominal press;
- rotates the spine

Formations on the obliquus externus abdominis muscle:

- aponeurosis musculi obliqui externi: the tendon into which the muscle passes forward;
- inguinal ligament: lower thickening of the aponeurosis;
- anulus inguinalis superficialis: entrance to inguinal canal.

Links

References

- ČIHÁK, Radomír – GRIM, Miloš. *Anatomie*. 2. upr. a dopl edition. Grada Publishing, 2001. 497 pp. vol. 1. ISBN 80-7169-970-5.