

# Babinski Sign

**English:** Babinski sign, Babinski reflex



It is a test when we stimulate a big toe by some pressure or sharp end of a neurological hammer. We have to lead the movement on the external part of the sole from a heel to a big toe and we evaluate if there is any reaction of it. However, newborns and young children have Babinski sign commonly and there is no reason to be scared. But during our growth this reflex disappears and if a big toe goes up, we can say that there is any damage of central nervous system. Do not say that this reflex is positive (better way is to say that it is present) or negative (absent).



## Links

### Related articles

- Pyramidal Tract
- Motoric Lesions
- Motor Neurons
- Amyotrophic Lateral Sclerosis
- Reflexes

### External links

- Babinski sign (<http://www.medterms.com/script/main/art.asp?articlekey=7172>)

### Further reading

- NEVŠÍMAOVÁ, RŮŽIČKA, TICHÝ,, et al. *Neurologie*. 1st edition. 2005. ISBN 80-7262-160-2.
- JEDLIČKA, KELLER,, et al. *Speciální neurologie*. 1st edition. 2005. ISBN 80-7262-312-5.
- AMBLER,. *Základy neurologie*. 7th edition. 2011. ISBN 978-80-7262-707-3.